

## **Letter From The President**

Having just observed Yom Kippur, the Day of Atonement, I thought I would invite a guest to lead us on a soulstirring journey that celebrates the transformative power of forgiveness – a force that mends shattered relationships, heals wounded souls and breathes new life into our shared tapestry. – Jeffrey Katz, President, FPNA

Howdy neighbors! Ted Lasso here, ready to talk about a topic that's close to my heart: forgiveness. You see,

forgiveness is a remarkable thing. It's about offering second chances and not judging one another solely based on our worst moments. As I like to say, "I hope that either all of us, or none of us, are judged by the actions of our weakest moments, but rather the strength we show when and if we're ever given a second chance."

Life has a funny way of throwing curveballs at us. Our neighbors make mistakes and we sometimes find ourselves in situations where forgiveness is needed. It's in these moments that we have a choice - let anger and resentment take hold or extend grace and understanding. Forgiveness is not about pretending that hurtful actions never occur, it's about acknowledging the pain, finding the strength to move forward, and allowing healing to take place.

We've all had mo-

ments we wish we could take back. We've all made decisions that we regret. But it's how we respond that can truly define us.

In my experience as a coach, I've seen the incredible power of forgiveness in sports and in life. When a player errs, I don't dwell on the error, I offer support. It's about giving them the chance to redeem themselves and prove their worth. We all have the capacity for change and sec-

ond chances can lead to remarkable transformations.

I once told Jamie Tart, "I think that you might be so sure that you're one in a million, that sometimes you forget that, out there, you're just one in 11." Sometimes we forget that each of us is just one out of 623 homes.

Like I tell my players, "Believe in yourselves. Believe in each other. And believe in forgiveness." There are two buttons I never like to hit: panic and snooze. Let's hit the forgiveness button and watch as it transforms the neighborhood into a place of harmony, understanding and positivity.

Now hold on, one more thing - forgiveness is not

something lightly handed out. It takes as much strength and courage to forgive as it takes to apologize, and both are equally honorable. I recall when Beard went to Nate's house to forgive him and invite him back on the team. Beard told the story how, upon his release from prison, I let him shack up at mine and Michelle's place. He said, "I thanked him by stealing his car." Beard never mentions in his story whether he apologized to me, but the fact remains that he was forgiven regardless. Maybe Beard was just in a bad place mentally and emotionally that he couldn't bear to apologize... that's okay folks, he thanked me the only way he could - by being loyal.

So don't wait for an apology. "Be a gold-

fish!"— forgive, start fresh, and swim together toward a more giving future.

Yours Truly,

(with a whole lot of forgiveness and genuine smile)

Jed Lasso.

Coach of AFC Richmond

